



Colusa County Probation Department
532 Oak Street
Colusa, CA 95932
Telephone: (530) 458-5871
Fax: (530) 458-2895

Permission Form

Dear Parent/Guardian,

The Girls Circle is a structured support group for adolescent girls that live in Colusa County. It is designed to foster self-esteem, help girls maintain authentic connections with peers, and other adult women in their community. The group allows girls a safe place to share their feelings verbally and creatively as they gain a deeper understanding of themselves and those around them. This program does not provide counseling but gives students a place to give and receive support from their peers. We will discuss a variety of teen issues and may occasionally have guest speakers.

The group meets during the school year once a week and may meet during the summer break. If you have any questions regarding the Girls Circle or your daughters' involvement, please feel free to call Sarah Regnani at (530) 458-5871.

My daughter, _____, has my permission to participate starting the 2021/2022 academic school year session of the Girls Circle. I understand that the Girls Circle encourages creative and verbal expression and that the guidelines established in group provide the foundation for circle communication. Information shared in group will be safeguarded as private information with the exception of statements/behaviors/evidence of things posing a risk of real harm to youth.

We may conduct a pre and post survey to all girls who attend group that will measure some of the outcomes of participating in the Girls Circle.

Photos may be taken during group activities/field trips for the use of promoting the Girls Circle program. Identities will be kept confidential.

I give my daughter permission to be transported by probation personnel for Girls Circle activities. I understand that I may contact the facilitator with questions or comments about Girls Circle. Covid-19 safety precautions will be followed during all group activities.

I agree to the above information and would like my daughter to participate in Girls Circle.

Student Signature _____ Date _____

Parent Signature _____ Date _____

Facilitator Name: Sarah Regnani, Counselor
Phone Number: (530) 701-6475, (530) 458-5871
Email: sregnani@countyofcolusa.com